

PAYMENT MODE

I have, hereby, paid INR_ 250.00 as an amount in favour of conference registration fee for the 6th Body, Mind and Life Conference, 2017.

Cash Receipt No. _____

Bank Transfer No. _____

BANK DETAILS

In favor of :- Men-Tsee-Khang,
State Bank of India,
Account # 10551097534
Swift Code # SBININBB277
IFS Code # SBIN0000634
Branch Code # 0634 Dharamsala

CONTACT US

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✉ bodymindlife@men-tsee-khang.org

✉ director.buddhist@somaiya.edu

🌐 www.men-tsee-khang.org (English)

🌐 www.somaiya.edu

PROVISIONS

☞ Conference manual and stationery kits

☞ Lunch

☞ Tea and refreshments

☞ Certificate of participation



A session in progress during the 2nd BML Conference, 2014.



Smt Sakarben Karamshi Somaiya Sabhagruh, Somaiya Vidyavihar

“When we talk about health and fitness, we cannot put the mind aside. The wellness of physical health is very much dependent on the clarity and intelligence of the mind”

- His Holiness the XIV Dalai Lama

6th Conference on Body, Mind & Life

Prevention of Mental Disorders

Wed/22 - Thurs/23 November, 2017
Somaiya Vidyavihar, Mumbai



Somaiya Ayurved



Perspectives

- Buddhist Psychology
- Tibetan Medicine
- Tibetan Astro-science
- Ayurveda
- Western Medical Science
- Unani Medicine
- Siddha Medicine
- Homeopathic Medicine
- Yoga Therapy

Organizers

K.J. Somaiya Hospital & K.J. Somaiya Centre for Buddhist Studies

&

Body, Mind & Life Department of Men-Tsee-Khang (Sowa-Rigpa)

NATURE OF THE CONFERENCE

- ▶ Implementing on the vision of H.H the Dalai Lama to initiate greater exchange of knowledge with different systems of medicine.
- ▶ The Body, Mind and Life Conference primarily aims to understanding oneself and the nature of human suffering.
- ▶ Perspectives from Traditional Tibetan Medicine, Buddhist Philosophy, Tibetan Astro-science, Modern Science and different Medical Systems are shared on a single platform related to body, mind and life.
- ▶ This conference is an effort to initiate future researches on holistic healthcare that includes both physical and mental aspect.

BRIEF HISTORY

- ▶ In 2013, the 1st BML Conference saw 350 participants, where 19 scholars presented on “The Nature of Body, Mind and Life; their Seeds; their Relationships; their Disturbing Factors and Remedies; and their Restoration and Maintenance”.
- ▶ In 2014, the 2nd BML Conference saw 380 participants where, 11 scholars presented on the topic “Identification of Body, Mind and Life; Relationship between Body, Mind and Life; Disturbing Factors of Body, Mind and Life” and Remedies for Disorders of Body, Mind and Life”
- ▶ In 2015, the 3rd BML Conference saw 310 participants, where 8 scholars from Buddhist Philosophy, Tibetan Medicine, Tibetan Astro-science and Modern Science presented on the “Disturbing Factors and Remedies for Disorders of Mental Health”.
- ▶ In 2016, the 4th BML Conference saw 311 participants, where 2 scholars each from Tibetan Medicine, Tibetan Astro-science, Buddhist Philosophy and Modern Science perspectives discussed on the topic “Causes, Conditions and Remedies of Depression”.
- ▶ In 2017, the 5th BML Conference will be held in Dharamsala from 4 - 6 October & the 6th BML conference in Mumbai from 22-23 November on the same topic “Prevention of Mental Disorders”

SOMAIYA TRUST

- ▶ Late Shri Karamshibhai (1902 - 1999) set up the Somaiya Trust in 1953 for furthering his dream of shaping young minds through quality education.
- ▶ Padma Bhushan Shri K.J. Somaiya founded Somaiya Vidyavihar in 1959 to provide quality holistic education.
- ▶ Today Somaiya Vidyavihar encompasses 34 institutions with more than 39,000 students and 1,500 faculty.
- ▶ It is known as much for its Science, Technology, Engineering, Management, Social sciences & Commerce programs, as for its programs for academic studies in various faiths & cultures of India.
- ▶ The **K.J. Somaiya Hospital**, founded in 1991, is a 550-bed multi-speciality hospital with a commitment to provide holistic affordable healthcare to all.
- ▶ The facilities include Modern Medicine, Ayurveda & Physiotherapy.
- ▶ A highly specialized Cardiology wing & a state of the art Casualty Department are the latest additions to the hospital this year.
- ▶ The **K. J. Somaiya Centre for Buddhist Studies** was established in 1993, under the vision of Dr. Shantilal Somaiya, son of the Founder.
- ▶ The institute was inaugurated in 1993 by His Holiness the Dalai Lama.
- ▶ It is a post-graduate research institution, recognized by the University of Mumbai, committed to creating avenues of learning in all areas of Buddhist studies.

Program Schedule of 6th Body, Mind and Life Conference, Mumbai

DAY ONE - WED, 22 NOVEMBER 2017

Session	Time	Proceeding
I	10:00 am - 10:30 am	Opening Ceremony
	10:30 am - 12:00 pm	Buddhist Psychology
	12:00 pm - 1:00 pm	Lunch Break
II	1:00 pm - 2:00 pm	Ayurveda
	2:00 pm - 3:00 pm	Siddha Medicine
	3:00 pm - 3:15 pm	Tea Break
III	3:15 pm - 4:15 pm	Unani Medicine
	4:15 pm - 5:15 pm	Tibetan Medicine

DAY TWO - THURS, 23 NOVEMBER 2017

Session	Time	Proceeding
IV	10:00 am - 11:00 am	Buddhist Psychology
	11:00 am - 12:00 pm	Tibetan Astro-science
	12:00 pm - 1:00 pm	Lunch Break
V	1:00 pm - 2:00 pm	Western Science
	2:00 pm - 3:00 pm	Homeopathy
	3:00 pm - 3:15 pm	Tea Break
VI	3:15 pm - 4:15 pm	Yoga Therapy
	4:15 pm -	Closing Ceremony

REGISTRATION FORM

6th Body, Mind & Life Conference, Mumbai
Wed / 22 - Thurs / 23 November, 2017

Personal Information:

Full Name : _____ / _____ / _____
First Middle Last

Date of Birth : ____ / ____ / ____ (dd/mm/yyyy)

Gender: Male Female

Profession : _____

Postal Address : _____

District : _____ State : _____


Zip/Pin : _____ Country : _____


E-mail: _____

Phone : _____

IMPORTANT NOTES

1. Please provide 1 passport size photo.
2. Accommodation and travel expenses should be borne by the participants.
3. Seats are limited. Please register early.
5. Registration fee: **INR 250.00** (non-refundable)
7. For more information, please visit:

 www.men-tsee-khang.org

 www.somaiya.edu

