

How to reach Dharamsala:

By Air:

Gaggal airport/Dharamsala Airport/Kangra Airport(names for the same airport) is 12 km away from Dharamsala, and it costs around Rs 700 by taxi. One can get taxi outside the airport. This airport connects domestic flights to Delhi. International travelers have to get connection through Indira Gandhi International Airport(IGIA) at Delhi.

By Train:

The nearest major railway station is at Pathankot, Punjab, 85 kilometres away. There are numerous trains that go to Jammu and Kashmir via Pathankot and stop by there. You can either take a taxi or bus from Pathankot that can take 3 to 4 hours to reach Dharamshala, and the approximate charge would be Rs. 2500 or Rs. 150 respectively.

By Bus:

Dharamshala is well-connected to Delhi and other parts of North India via a network of state operated buses as well as private tour operators. The journey is almost 520 kilometres from Delhi. Most of the state operated buses stop at the main bus terminal in Lower Dharamshala. An overnight journey from Delhi takes about 13 hours. The estimate bus fare would be Rs. 600 as basic bus fare and Rs. 1100 for plusher Volvo bus. If you prefer to book ticket from private operators, we recommend booking bus ticket from AMA Tours & Travels agency in Maj-nu-katilla. The agreement signed between Men-Tsee-Khang and Ama Tours and Travels facilitates a discount offer of flat Rs. 100 on every bus ticket that is booked through Men-Tsee-Khang. To avail this discount, please contact Mr. Tashi Namgyal, in-charge of MTK clinic, Majnu Ka Tilla via this cell no.: +91 98189 17220 in advance.

By Taxi/Cab:

Since the charges differ significantly, it is good to compare prices. Cab charges from Delhi to Dharamsala is about Rs. 8000 to 9000.

RECOMMENDATED HOTELS IN DHARAMSALA

For the Men-Tsee-Khang Centenary Celebration in Dharamsala on Wed, March 23 and International Conference on Tibetan medicine on Thurs, March 24, we have identified and invited 10 local hotels to offer us discounted rates for our participants to make reservations.

Reservations for the Conference Speakers and former Men-Tsee-Khang staff will be done by us. Others need to make reservation(s) on their own.

Instead of waiting for all the hotels to send us their discounted rates, we are posting the details we have received so far. The others, if willing to offer discounted rates, will be posted as and when we receive the details.

All the Conference Participants while contacting any of the respective hotels for their reservations must mention that he/she is attending the Men-Tsee-Khang Centenary Celebration so as to avail the discounted rates.

ZAMBALA HOUSE

Mcleod Gunj

Dharamsala

Email: zambalahouse@yahoo.com

Phones: +91-9459456435 / +91-9418833838

Room Categories are as follows :-

Standard	=	Rs. 2,500/- (with portable heater) + 18.70 % (luxury & service tax)
Deluxe	=	Rs. 3,000/- (with portable heater) + 18.70 % (luxury & service tax)
Super Deluxe	=	Rs. 3,500/- (private balcony and centralized heating) + 18.70 % tax
Luxury	=	Rs. 4,000/- (1 st , 2 nd & 3 rd floor with private balcony with valley & sunrise view or sunset view, these rooms are also equipped with centralized heating) + 18.70 % tax.

Special Discounted Rates

Standard	=	Rs. 2,000/- (inclusive of taxes)
Deluxe	=	Rs. 2,500/- (inclusive of taxes)
Super Deluxe	=	Rs. 3,000/- (inclusive of taxes)
Luxury	=	Rs. 3,500/- (inclusive of taxes)

The above room tariff is the same for single & double occupancy and does not include any meals. For triple occupancy, Rs. 500/- will be charged per night basis for which an extra mattress will be provided.

Kashmir Cottage

(At walking distance from Men-Tsee-Khang and Delek Hospital)

Gangchen Kyishong

Dharamsala

Email: kashmircottage55@gmail.com

Phones: 0091-1892-224929 / 0091-1892-222926

Room Categories and Rates

Suite	=	Rs. 4,748/- (inclusive of taxes)
Regular Deluxe Double	=	Rs. 3,561/- (inclusive of taxes)
Regular Double	=	Rs. 2,968/- (inclusive of taxes)

No running restaurant in Kashmir Cottage. But breakfast, lunch and dinner can be served on requests and the rates of the meals are as follows :-

Breakfast	=	Rs. 200/- per person
Lunch (Veg)	=	Rs. 600/- per person
Lunch (Non Veg)	=	Rs. 650/- per person
Dinner (Veg)	=	Rs. 600/- per person
Dinner (Non Veg)	=	Rs. 650/- per person

Serkong House

Mcleod Gunj

Dharamsala

Email: serkonghouse@norbulingka.org

Website: www.norbulingka.org

Phones: 0091-1892-220647 / 0091-1892-220815

Room Categories are as follows :-

Superior Suite with valley view tax)	=	Single Rs. 4,000/-, Double Rs. 4,500/- (plus 18.70 %
Superior Room with valley view tax)	=	Single Rs. 3,000/-, Double Rs. 3,500/- (plus 18.70 %
Superior Room with market view tax)	=	Single Rs. 2,500/-, Double Rs. 3,000/- (plus 18.70 %
Premium Room with market view tax)	=	Single Rs. 2,000/-, Double Rs. 2,500/- (plus 18.70 %

Special Discounted Rates

Superior Suite with valley view tax)	=	Single Rs. 3,799/-, Double Rs. 4,274/- (inclusive of
Superior Room with valley view tax)	=	Single Rs. 2,849/-, Double Rs. 3,324/- (inclusive of
Superior Room with market view tax)	=	Single Rs. 2,374/-, Double Rs. 2,849/- (inclusive of
Premium Room with market view tax)	=	Single Rs. 1,900/-, Double Rs. 2,374/- (inclusive of

Chinar Lodge

Mcleod Gunj

Dharamsala

Phones: 0091-1892-221767

Cell no.: 0091-9816238555 / 0091-9805829634

Room Categories are as follows :-

Semi-Deluxe	=	Rs. 1,800/- plus 18.70 % tax
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Deluxe	=	Rs. 2,000/- plus 18.70 % tax
Super-Deluxe	=	Rs. 4,500/- plus 18.70 % tax
Family Suite	=	Rs. 3,000/- plus 18.70 % tax

Special Discounted Rates

Semi-Deluxe	=	Rs. 1,710/- (inclusive of tax)
Deluxe	=	Rs. 1,900/- (inclusive of tax)
Super-Deluxe	=	Rs. 4,275/- (inclusive of tax)
Family Suite	=	Rs. 2,850/- (inclusive of tax)