

Embassy of the Federal Republic
Of Germany in New Delhi

Dharamsala, 18th January, 2017

Application

For financial support in implementing a micro-project

1) Applicant institution

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2) Legal form of applicant, year of establishment, number of members

Men-Tsee-Khang (Sowa-Rigpa) is a cultural, educational and charitable institute, registered under the Societies Registration Act XXI of 1860. The Institute was established by the Great XIII Dalai Lama in 1916. In 1961, the institute was re-established by His Holiness the XIV Dalai Lama in Dharamsala, India. The vision of the institute is to improve the lives of people by promoting and delivering Traditional Tibetan system of Medicine and Astro. Science practices.

3) Responsible contact persons (Name, address)

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4) PROJECT TITLE: CONSTRUCTION OF WAREHOUSE AT MEN-TSEE-KHANG (SOWA-RIGPA) AGLING, BRANCH CLINIC AT LEH-LADAKH, INDIA.

(a) Short description of project (please provide full documentation if possible):

DESCRIPTION OF THE ACTION

BACKGROUND TO THE PREPARATION OF THE ACTION

Men-Tsee-Khang (Sowa-Rigpa) is presently the largest, oldest and most reputable Sowa-Rigpa institute in India. The vision of Men-Tsee-Khang (Sowa-Rigpa) is to improve the lives of people by promoting and delivering our traditional system of medicine, and to preserve this element of our rich and ancient culture. The Institute has been active in providing accessible health care services to the people regardless of caste, color or creed. In our commitment to the poor and needy, we provide free health consultation and medicines.

Although, Men-Tsee-Khang's (Sowa-Rigpa) health initiative programs are supported by the national and international supporters have touched the lives of thousands, yet it can be further improve and better managed through creating sustainable facilities such as construction of warehouse for storing raw materials, decoction of certain perishable medicinal plant for sustainable use, and storing medicines for supply during road cut off during winter.

Men-Tsee-Khang (Sowa-Rigpa) operates two branch clinics in Ladakh (J&K) namely Choklamsar and Men-Tsee-Khang (Sowa-Rigpa) Culture Center. Through these two branch clinics, Men-Tsee-Khang (Sowa-Rigpa) provides traditional Tibetan herbal health care treatment to the entire Leh city as well as conducts frequent medical outreach programs and mobile clinics in the remote areas (Steppe region). However, these two clinics always have to deal with the shortage/supply of medicines during the period from Oct to May as the road transportation usually remained ceased/restricted by the Government of Jammu & Kashmir for people's safety. In such situation, if Men-Tsee-Khang (Sowa-Rigpa) could able to build storage at its owned land in Agling village, Leh Ladakh, than it will be a boon for smooth automation of the clinics and the dependent patients.

Ladakh is blessed with wide range of high altitude medicinal plants and among them some are very perishable in nature, which mostly remained unused and left for decay. Such kind of medicinal plants can be judiciously utilized through the process of decoction and can retrieve in any season for its sustainable use in the medicine. In order to facilitate the decoction processing, it requires a space to keep the raw materials and decoction room for processing.

Over the past few years, Men-Tsee-Khang (Sowa-Rigpa) pharmacy unit's production has experience a tremendous growth in production because of its continuous growth in number of dependent clinics and increasing demands from the countries throughout. As a result, in order to fulfill the raw material requirements, the unit has to increase its procurement and storing capacities. Especially in the case of Ladakh, where there is an abundance raw material, the unit must have a warehouse to store and supply for processing of medicine to Men-Tsee-Khang (Sowa-Rigpa).

The local authorities (Panchayat) in Ladakh region have granted special permit to Men-Tsee-Khang (Sowa-Rigpa) to collect herbs from farmland and its circuits (grass land) regions. Hence, every year a team comprising of 8-10 staffs from pharmacy department and Men-Tsee-Khang (Sowa-Rigpa) Cultural Centre, MCC were sent to Ladakh areas for herbs collection. Beside collection of herbs from farmland and its circuits (grass land) regions, our Ladakh branch clinics in J&K also collect raw-materials from local residents as well and transport them to our Product Manufacturing Unit at

Dharamsala. On an average our Ladakh branch clinics in J&K collect 3,823 kg of raw materials from local residents and 813 kg from authorized farm and its circuits regions. This facility would also facilitate to store 2,735,414.00 dosages of 112 different medicines every year besides storing for herbs collected from farmland and local residents.

To address these issues, Men-Tsee-Khang (Sowa-Rigpa) now seeks funds/supports for the construction of new warehouse at Men-Tsee-Khang (Sowa-Rigpa) owned land at Agling, Leh Ladakh. This project will further strengthen Men-Tsee-Khang (Sowa-rigpa) in rendering its service to the poor & needy patients.

GOAL OF THE PROJECT:

To provide traditional herbal health care treatment to the poor and needy patients residing in Leh Ladakh and Nomadic areas of J&K even during the cessation of roads for seven months by constructing necessary storage (ware-house) facility for herbal supplies and health care products.

OBJECTIVES OF THE PROJECT:

To construct warehouse for storing medicines for sustainable utilization even during the cessation of national highway for 7 months in Jammu & Kashmir.

- To facilitate decoction rooms for processing perishable medicinal plants for sustainable use.
- To create space for stocking raw materials at the source for processing medicine.

PROJECT ACTIVITIES AND OUTPUT:

The project will be undertaken on a piece of land owned by Agling, Branch Clininc of Men-Tsee-Khang (Sowa-Rigpa) at Leh-Ladakh, India. It will include the construction of a warehouse for storing herbal supplies to patients of our two branch clinics in Ladakh, J&K even during the cessation of roads for seven months. This warehouse will be also use as space to store the raw materials collected from farmland, grass land and as well as from the local residents. The herbs are usually collected from the farmland and its circuits (grass land) regions, of Ladakh, mostly from the month of August to September. On an average our branch clinics in Ladakh, J&K collects 3,823 kg of raw materials from local residents and 813 kgs from farm and grass land. This facility also would facilitate us storage for 2,735,414.00 dosages of 112 different medicines every year beside storage for herbs collected from local residents and farmland & its circuit regions.

The construction of a ware house in Agling would enable us to employ 10 additional employees for procurement of herbs from farmland and its circuit regions. Apart from employment generation in the team for collection of herbs, we will employ a site supervisor for the construction of this ware house at Agling, Ladakh. Tendative Schedule for collection of herbs is available in appendix B

TIME FRAME:

As per the plan the project will commence immediately after the procurement of funds. i.e on 1st may 2017 and will be completed in 6 months period. (Project start date: 1st May and Project completion date: 31st October 2017.

TARGET GROUPS AND BENEFICIARIES:

The World Health Organization (WHO) estimates that 80 % of the world's population presently uses herbal medicine for some aspect of primary health care .The World Health Organization recognizes the contribution of traditional medicine and its importance to conserve and preserve it. On an average our branch clinics in Ladakh J&K collects 3,823 kgs of raw materials from local people and 813 kgs from authorized farm and pastures land each year and the figure keeps increasing every year. This facility also would facilitate us to store 2,735,414.00 dosages of 112 different medicines every year beside storage of herbs collected from local residents and authorized farm and pastures land.

1) PATIENTS:

Men-Tsee-Khang (Sowa-Rigpa) operates two branch clinics in Ladakh (J&K) namely Choklamsar and Men-Tsee-Khang (Sowa-Rigpa) Culture Center. Through these two branch clinics, Men-Tsee-Khang(Sowa-Rigpa) provides traditional Tibetan herbal health care treatment to the entire Leh city as well as conducts frequent medical outreach program and mobile clinics in the remote areas (Steppe region). However, these two clinics always have to deal with the shortage supply of medicines during the period from Oct to May as the road transportation usually remained ceased/restricted by the Government of Jammu & Kashmir for people's safety. Hence this ware house project would facilitate storage for enough herbal supplies for our Ladakh branch clinic's patients in J&K during cessation of transportation system for seven months.

2) THE PRIVATE SECTOR:

The local Private Sector has consistently expressed interest in procuring products through Men-Tsee-Khang (Sowa-Rigpa). This group includes Private Tibetan Medical Practitioners both nationally (of which nearly 80 have registered their interest in Men-Tsee-Khang (Sowa-Rigpa) supply) and throughout 55 countries internationally. The successful completion of ware house project at Agling would enable Men-Tsee-Khang (Sowa-Rigpa) to supply more herbal health care products to those interested parties in J&K.

3) GENERATION OF EMPLOYMENT OPPORTUNITIES:

Once the construction of this ware house finishes we would able to generate employment for 10 people in herbs collection team. Apart from employment generation in the team for collection of herbs, we will employ a site supervisor for the construction of this ware house at Agling, Ladakh.

4) SOCIAL WELFARE BENEFICIARIES:

Men-Tsee-Khang (Sowa-Rigpa) Social Welfare programs include providing free healthcare to Tibetan refugees, the terminally and critically ill, the elderly and those suffering serious financial hardship.

5) INTERNATIONAL COMMUNITY:

Men-Tsee-Khang (Sowa-Rigpa) is supporting the health and wellbeing of the international community by providing access to one of the oldest medical systems. Like many traditional forms of medicine, Tibetan Medicine is safe, low cost and sustainable form of medicine. This ware house

facility would facilitate proper storage of raw-materials and smooth transportation of raw materials to our production unit.

(b) Development-policy objective of the project (if applicable also with a view to tangibly improving the lives of the beneficiaries in the relevant community/area):

- To continue to meet the growing demands for our products from our 56 branch clinics and private sectors which has consistently expressed interest in procuring products through Men-Tsee-Khang (Sowa-Rigpa). This group includes Private Tibetan Medical Practitioners both nationally (of which nearly 80 have registered their interest in Men-Tsee-Khang (Sowa-Rigpa) supply) and throughout 55 countries internationally.
- To continue to meet the needs of patients receiving treatment from 56 branch clinics in India. This project will generate 10 additional employment opportunities in herbs collection section and a local site supervisor for the ware house project at Agling, Ladakh.

TIME LINE FOR THE PROJECT

S.NO	Particular	May	Jun	Jul	Aug	Sep	Oct
1.	Earth Excavation and foundation laying	do					
2.	Stone Masonry, RCC work up to plinth level		do				
3.	RCC Column casting, RCC beam, slab and tor steel work, shuttering, bricks work, internal and external plastering.				do		
4.	Internal and External plumbing works 1						
5.	White wash and painting					do	
6.	Site development 1						do

5)

(a) Finance plan enclosed? Yes No
Please See Appendix A

(b) Is overall finance guaranteed? Yes No

6)

(a) Amount applied for in <local currency>: **INR 1,789,830.00**

(b) Own funds and possible third-party funds: **INR 522,222.00**

All the administrative and running expenses will be borne by Men-Tsee-Khang (Sowa-Rigpa) itself.

(c) Total expenditure of project: **INR 1,789,830.00**

Budget details attached in appendix A

(d) Other contributions by applicant to project implementation (e.g. work, land or buildings):

A piece of Land which is owned by Men-Tsee-Khang (Sowa-Rigpa) is available at Agling for the warehouse project.

(e) Probable follow-up costs: < Rs. 651,906.00 + Rs. 505,575.00 = Rs. 1,157,481.00 for 2018> please see Appendix C (a) & C (b)

(f) Follow-up costs can be financed by applicant or third party:

Yes No

7) **Project** has not yet commenced

Commenced on <>

8) (a) Project start: <1st May, 2017>

(b) Project end: <31st Oct, 2017>

9) **Have you applied for or received any other public funds for this project?**

Yes No

If so, from what institution and how much? <>

<Place Dhamramsala, Date> 17th, December 2017

<1. signature>

<2. signature>

Appendix A: Budget of the Project:

A. Fund Seeking from German Embassy

Expenses for Construction of warehouse at Men-Tsee-Khang (Sowa-Rigpa) Agling Branch Clinic at Leh-Ladakh (India).

S.No	Particulars	Amount
1.	Civil work (947) Sqft @ Rs (1,800.00) per Sqft.	1,704,600.00
2.	Internal and external plumbing work including overhead water tanks @% of civil cost.	Included
3.	Internal and external electrifications with completer finishing @% of civil cost.	Included
4.	Land development, storm water drains, yard lighting, paving and boundary wall @%	Included
	Total Building Cost	1,704,600.00
5.	Contingencies @5%	85,230.00
	Total Amount INR	1,789,830.00

Appendix B: Donation Received for the Project:

Sl.No	Names	Amount
1	Tibet Forderkriese V (Germany)	300,000.00
2	Dr. Lobsang Soepa (Staff of Men-Tsee-Khang (Sowa-Rigpa)	111,111.00
3	Mr. Dhonden Dorjee (Staff of Men-Tsee-Khang (Sowa-Rigpa)	111,111.00
	Total INR	522,222.00

Appendix C: Probable Follow-up Cost:**a) Expenses for Herbs Collection from Local Residents.**

S.No	Particular	Qty	Rate	Amount
1.	Bod lap (wet)	1,313.00	17.00	22,321.00
2.	Parpata	39.00	225.00	8,775.00
3.	Taksha Nagpo	388.00	250.00	97,000.00
4.	Dega lodong	715.00	313.00	223,795.00
5.	Dega Seed	3.00	500.00	1,500.00
6.	Jagoe Poe	374.00	353.00	132,022.00
7.	Kempa Adong	71.00	50.00	3,550.00
8.	Wanglak	6.00	1,500.00	9,000.00
9.	Lukru Mukpo	15.00	350.00	5,250.00
10.	Wolmosay	9.00	500.00	4,500.00
11.	Bod lap (dry)	212.00	250.00	53,000.00
12.	Nagtsur	170.00	150.00	22,500.00
13.	Sertsur	192.00	150.00	28,800.00
14.	Local Salt	10.00	20.00	200.00
15.	Tsatri	11.00	400.00	4,400.00
16.	Lukru Serpo	7.00	200.00	1,400.00
17.	Saduk	19.00	150.00	2,850.00
	Total Amount			621,563.00
	Contingency@5%			31,044.00
	Total Expenses in INR			651,906.00

b): Expenses for Herb Collection from Farm-Land and Pastures.

S.No	Particular	Rate/day	TA	No of days	No. of Staff	Amount
1.	TA for herb collector from Dharmasala to Ladakh to and fro	-	5,600.00	-	10	56,000.00
2.	Full DA for herb collector from Dharamsala	250.00	-	21	10	52,500.00
3.	Daily wages for herb collector from Ladakh	600.00	-	21	10	12,600.00
4.	Salary for herb collector from Dharamsala	700.00	-	21	10	147,000.00
5.	Transportation (approx.)	-	-	-	-	50,000.00
6.	Vehicle Maintenance					50,000.00
	Total Amount					481,500.00
	Contingency@5%					24,075.00
	Total Expenses in INR					505,575.00