

**PROJECT NO: S-01 (Executive Summary)**

Establishment of Bodh-Gaya Branch Clinic of Men-Tsee-Khang, (Tibetan Medical & Astro. Institute of H.H. the Dalai Lama).

The vision of Men-Tsee-Khang is to improve the lives of people through our traditional system of medicine, and to preserve this element of our rich and ancient culture. Since being re-established in 1961, following the occupation of Tibet and subsequent exile of His Holiness the 14th Dalai Lama and the Tibetan Government, Men Tsee Khang has preserved and promoted this ancient form of medicine that is inherently intertwined in Tibetan culture. Since its re-establishment, Men-Tsee-Khang has produced 263 physicians and 47 astrologers from its headquarters in Dharamsala, delivered health services throughout India and has become an integral economic contributor to the Tibetan community in exile through its employment of nearly five hundred people nationally. Our 55 dedicated branch clinics deliver low-cost traditional healthcare to over 500,000 people in local communities throughout India every year. In our commitment to the vulnerable and disadvantaged, we provide free health consultations and medicine to those most in need.

**About the Project**

Bodh Gaya is the most important of all pilgrimage sites for Buddhists and it is located in the Gaya district of the Indian state of Bihar. Teachings are held each year by His Holiness the Dalai Lama and by many other notable Buddhist teachers, attracting pilgrims and tourists throughout the winter season. Every year, Men-Tsee-Khang sends doctors and staff members from branch clinics across India to construct a temporary medical camp at Bodh Gaya, from November to February during the Monlam (Great Prayer) festivals and teachings. During these teachings mass gatherings of Buddhist followers are present, many of which will seek medical assistance for a range of ailments. Annually, up to 10,000 patients are treated at the Bodh Gaya temporary clinic. The construction of a permanent facility will enable Men-Tsee-Khang to continue delivering health services to visitors of the region and provide local residents access to health care year-round and to generate much-needed income for Men-Tsee-Khang programs through clinical consultation fees and through the sale of Tibetan Medicine. The proposed clinic and staff quarter will be built on land previously contributed to Men-Tsee-Khang. We have already sought funding for the clinic and now we are seeking funding for construction of our staff quarter and furniture and fixtures for clinic and staff quarter. The total cost for construction of staff quarter and procurement of furniture and fixture is INR 4,404,997.00

- **Gaol of the project:** To Preserve and Promote Traditional Tibetan medical and astrological system.
- **Objectives of the project:** To continue to deliver health care to visitors of the region, and to deliver year round access to health care to the permanent local residents
- **Main Activities:** Construction of a clinic and its supporting wings.
- Procurement of necessary equipment and furniture & fixtures for clinic and staff quarter.
- **Final Beneficiaries:** The local Indian community for its healthcare services
- **Duration of the project:** 12 month or 1 year.
- **Location of the project:** Bodh-Gaya, Bihar
- **Budget for the Project:**

S.No	Particular	Amount
1.	Clinic	2,140,915.00
2.	Staff Quarter	4,117,323.00
3.	Others	287,674.00
<b>4.</b>	<b>Total Budget</b>	<b>6,545,912.00</b>

- INR: 6,545,912.00/ USD:96,263.00/EUR:73,549.00 1USD=68 1EUR=89 Exchange rate as on 4<sup>th</sup> September, 2013.

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**PROJECT NO: S-01 (Expanded)**

**Establishment of Bodh-Gaya Branch Clinic of Men-Tsee-Khang, (Tibetan Medical & Asto. Institute of H.H. the Dalai Lama)**

**SUMMARY OF ACTION**

Title of the action:	Establishment of Bodh-Gaya Branch Clinic of Men-Tsee-Khang, (Tibetan Medical & Asto. Institute of H.H. the Dalai Lama)
Location of the action:	The proposed clinic along with staff quarter will be built on land previously contributed to Men-Tsee-Khang which is 1 to 2 km away from the main temple.
Total duration of the action (months):	12 calendar months
Budget	<ul style="list-style-type: none"> <li>• INR: 6,545,912.00</li> <li>• USD: 96,263.00</li> <li>• EURO: 73,549.00 Exchange Rates as on 4th September, 2013.</li> </ul>
Objectives of the action	<p>Overall objective: To</p> <p>Specific objectives:</p> <ul style="list-style-type: none"> <li>• To continue to deliver health care to visitors of the region, and to deliver year round access to health care to the permanent local residents</li> <li>• Socio-economic development through increased employment and skill training</li> <li>• To continue to meet the needs of patients receiving treatment throughout India by meeting the growing demands of our national branch clinics.</li> <li>• To promote and preserve Traditional Tibetan Medicine by creating awareness throughout the groups of international visitors.</li> <li>• To create awareness, promote and preserve the Tibetan medical tradition, which is now accepted as one of the most well integrated healing systems.</li> <li>• To sustain Men-Tsee-Khang activities that seek to preserve this valuable component of our culture including the training of new practitioners and its various academic departments</li> </ul>
Target group(s)	<ul style="list-style-type: none"> <li>• Local Indian community for its health care services.</li> <li>• Tourist and visitors to the site for pilgrimage.</li> </ul>
Final beneficiaries	<ul style="list-style-type: none"> <li>• Tibetan Community in exile through its cultural preservation, economic contribution, healthcare service, social welfare programs</li> <li>• The local Indian community for its healthcare services.</li> </ul>
Estimated results	<ul style="list-style-type: none"> <li>• Immediate increase in the number of patient receiving Traditional Tibetan Medical Treatment in Bodh-Gaya by 100%.</li> </ul>
Main activities	<ul style="list-style-type: none"> <li>• Construction of a new branch clinic of Men-Tsee-Khang at Bodh-Gaya, Bihar, consisting of a 2 consultation rooms, 1 dispensary, Cashier's Room, staff mess, patient's waiting hall, medicine store room, wash room and staff quarters</li> <li>• Procurement of necessary equipment and furniture &amp; fixtures for clinic and staff quarter.</li> </ul>

### **Background to the action**

The vision of Men-Tsee-Khang is to improve the lives of people through our traditional system of medicine, and to preserve this element of our rich and ancient culture. Since being re-established in 1961, following the occupation of Tibet and subsequent exile of His Holiness the 14th Dalai Lama, Men-Tsee-Khang has preserved and promoted this ancient form of medicine that is inherently intertwined in Tibetan culture. Since its re-establishment, Men-Tsee-Khang has produced 263 physicians and 47 astrologers from its headquarters in Dharamsala, delivered health services throughout India and has become an integral economic contributor to the Tibetan community in exile through its employment of nearly five hundred people nationally, social welfare programs, and through the financial assistance provided to many other Tibetan Organizations.

Our 55 dedicated branch clinics deliver low-cost traditional healthcare to over 500,000 people in local communities throughout India every year. In our commitment to the vulnerable and disadvantaged, we provide free health consultations and medicine to those most in need. In addition to the valuable health services provided, our headquarters house various academic departments developed to preserve and promote Tibetan Medicine, manufacture a range of medicinal and astrological products, conduct Clinical Research on disorders like diabetes, cancer, hepatitis and hypertension and are developing a Materia Medica by identifying and documenting traditionally used herbs, preserving pressed specimens and through the cultivation of rare species for research, amongst many other projects.

*'Tibetan Medicine is one of the greatest legacies of Tibetan Buddhist civilization. Tibetan Medicine is deeply influenced by Buddhist practice and theory that stress the indivisible interdependence of mind, body and vitality. As an integrated system of health care Tibetan Medicine has served the Tibetan people well for many centuries' HH Dalai Lama*

Bodh Gaya is the most important of all pilgrimage sites for Buddhists. Located in the Gaya district of the Indian state of Bihar, it is famous for being the place where Gautama Buddha obtained enlightenment. Each year tens of thousands of people from all walks of life visit the holy site, also known as Vajrasana in Sanskrit. Teachings are held each year by His Holiness the Dalai Lama and by many other notable Buddhist teachers, attracting pilgrims and tourists throughout the winter season. Every year, Men-Tsee-Khang sends doctors and staff members from branch clinics across India to construct a temporary medical camp at Bodh Gaya, from November to February during the Monlam (Great Prayer) festivals and teachings. During these teachings mass gatherings of Buddhist followers are present, many of which will seek medical assistance for a range of ailments. During this time, many of the patients attending the clinic are local residents, wishing to access health care services not normally available to them. Annually, up to 10,000 patients are treated at the Bodh Gaya temporary clinic.

The process of constructing the temporary medical camp each year is costly and absorbs a considerable amount of the limited resources available to Men-Tsee-Khang. Despite this, Men-Tsee-Khang remains committed to providing this much needed health care to both the permanent residents of Bodh Gaya and the many pilgrims and visitors who attend each year and as such, have endeavored to find a more suitable solution. The proposed clinic will be built on land previously contributed to Men-Tsee-Khang, We have already sought funding for the clinic and now we are seeking funding for construction of our staff quarter and procurement of furniture and fixture for our branch clinic and staff quarter. The total cost for construction of staff quarter and procurement of furniture and fixture is INR 4, 4,049,997.00

### **Objectives of the action**

- To continue to deliver health care to visitors of the region, and to deliver year round access to health care to the permanent local residents
- Socio-economic development through increased employment and skill training
- To continue to meet the needs of patients receiving treatment throughout India by meeting the growing demands of our national branch clinics.
- To promote and preserve Traditional Tibetan Medicine by creating awareness throughout the groups of international visitors.



## Appendix B: Project budget

Project: Proposed Bodh-Gaya Clinic Project of Men-Tsee-Khang Preliminary Project cost and Estimation

### Part A: Clinic:

S.No	Particulars	Amount in INR
1.	Civil work of (1465.00) Sqft@Rs(1175.00)per Sqft	1,721,375.00
2.	Internal and external plumbing work including overhead tanks @ 5% of civil cost	86,067.00
3.	Internal and external electrifications with complete finishing @4% of civil cost	68,855.00
4.	Land development, storm water drains, yard lightning, paving and etc @ 6% of Civil cost.	103,283.00
	<b>Total Building Cost</b>	<b>1979,580.00</b>
5.	Add for Consultant's fee @ 3% of the total cost of the building	59,387.00
	<b>Total Amount</b>	<b>2,038,948.00</b>
6.	Contingencies 5%	101,948.00
	<b>Grand Total Amount</b>	<b>2,140,915.00</b>

### Part B: Staff Quarter

S.No	Particular	Amount in Rupees (INR)
1	1. Civil work of (3162.00) Sqft @ Rs(1075.00) per Sqft.	3,399,150.00
2	Internal and external plumbing work including overhead tanks @ 5% of civil cost.	169,958.00
3	Internal and external electrifications with complete finishing @4% of civil cost.	135,966.00
4	Land development, storm water drains, yard lighting, paving, and etc.@3% of Civil cost.	101,975.00
5	Add for Consultant's fees @3% of the total cost of the building.	114,211.00
	<b>Total Amount</b>	<b>3,921,260.00</b>
6	Contingencies @5%	196,063.00
	<b>Grant Total Amount</b>	<b>4,117,323.00</b>

### Part C: Furniture

S.No	Particulars	Amount in Rupees (INR)
1	<b>Furnitures for clinic &amp; Staff Quarter</b>	<b>287,674.00</b>

<b>D=</b>	<b>The total cost for project (A)+(B) +(C)</b>	<b>6,545,912.00</b>
	<b>Amount In USD @ 63.00</b>	<b>110,903.00</b>
	<b>Amount In EUR @ 84.00</b>	<b>77,927.00</b>

Note: Exchange rate as on 19<sup>th</sup> July 2013

NOTE: THE ABOVE AMOUNT INCLUDES ALL COST OF MATERIALS, COST OF LABOURS, TRANSPORTATIONS, WASTAGE, OVERHEAD PLUS CONTRACTOR'S MARGIN, CONSULTANT FEES, LAND DEVELOPMENT, STORM WATER DRAINS, YARD LIGHTING, PAVING AND CONTINEGENCIES.

**PART -C**

## Furniture &amp; fixtures Requirements for Bodh-Gaya Clinic and Staff Quarter

**A-Clinic**

S.No	Particulars	Qty	Rate	Amount in INR
1	Examination Bed	2	1,750.00	3,500.00
2	Mattress	2	2,650.00	5,300.00
3	Pillow & cover	2	475.00	950.00
4	Urine Analysis bowl	2	100.00	200.00
5	B.P Manometer	2	2,500.00	5,000.00
6	Stethoscope	2	1,000.00	2,000.00
7	Weighing Scale Machine	2	1,000.00	2,000.00
8	Golden Needle	2	5,250.00	10,500.00
9	Golden Hammer	2	5,000.00	10,000.00
10	Copper Cupping	2	750.00	1,500.00
11	Table with Drawer	2	4,750.00	9,500.00
12	Doctor's Chair	2	5,650.00	11,300.00
13	Almirah	2	8,450.00	16,900.00
14	Stool	4	1,250.00	5,000.00
<b>Total Amount in INR</b>				<b>83,650.00</b>

**B-Dispensary**

S.No	Particulars	Qty	Rate	Amount in INR
1	Table with Drawer	1	4,750.00	4,750.00
2	Chair	2	2,850.00	5,700.00
3	Shelves	8	2,300.00	18,400.00
4	Steel Almirah	1	8,900.00	8,900.00
5	Plastic Pill containers	70	35.00	2,450.00
6	Basin for Medicine counting	3	475.00	1,425.00
7	Pill counting Tray	2	850.00	1,700.00
<b>Total Amount in INR</b>				<b>43,325.00</b>

**C- Cashier's Room**

S.No	Particulars	Qty	Rate	Amount in INR
1	Table with Drawer	1	4,750.00	4,750.00
2	Chair	1	2,850.00	2,850.00
3	Shelves	1	2,300.00	2,300.00
4	Safe locker	1	3,250.00	3,250.00
5	Steel Almirah	1	8,900.00	8,900.00
<b>Total Amount in INR</b>				<b>22,050.00</b>

**D-Patients waiting Hall**

S.No	Particular	Qty	Rate	Amount in INR
1	Table	1	3,500.00	3,500.00
2	Bench	3	5,750.00	5,750.00
3	Show case for ME Products	1	3,500.00	3,500.00
4	Donation Box	1	450.00	450.00
5	Notice Board	1	750.00	750.00
<b>Total Amount in INR</b>				<b>13,950.00</b>

**E-Staff Quarter Requirements**

S.No	Particulars	Qty	Rate	Amount in INR
1	Chair	10	575.00	5,750.00
2	Table	5	2,700.00	13,500.00
3	Mattress	10	3,250.00	32,500.00
4	Iron Bed	10	1,350.00	13,500.00
5	Cupboard	5	3,750.00	18,750.00
	<b>Total Amount in INR</b>			<b>84,000.00</b>

**F- Stationeries**

S.No	Particulars			Amount in INR
1	Stationeries			15,000.00
2	Miscellaneous Expenses			12,000.00
	<b>Total Amount in INR</b>			<b>27,000.00</b>

**G- Grand Total Amount**

S.No	Particular	Amount in INR
1.	Total Sum (A)+(B)+(C)+(D)+(E)+(F)	273,975.00
2.	Contingencies@5%	13,699.00
	<b>Grand Total Amount in INR</b>	<b>287,694.00</b>

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