

TIBETAN MEDICINE (SOWA-RIGPA) COURSE

Men-Tsee-Khang is planning to conduct a 5-day Introductory Course in English on Tibetan Medicine from 11 – 15 September, 2018 and a 10-day Foundation Course in English on Tibetan Medicine from 17 - 28 September, 2018 at Dharamsala, Himachal Pradesh (INDIA). Interested people are requested to contact and register through following email address:

Ms. Sonam Lhamo, Course Coordinator

tmaicollege@men-tsee-khang.org

5 – Day Introductory Course in English on Tibetan Medicine (September 11 to 15, 2018) and 10 - Day Foundation Course in English on Tibetan Medicine (September 17 to 28, 2018)

Registration Fee:

5-Day Introductory Course: Foreign participants: Euro 225.00 USD 260.00, participants from India/Bhutan/Nepal: INR 8450.00, Monks/Nuns/Students: INR 6337.50 for each course (Please attach a recommendation letter/ valid Identity card from the respective monastery, nunnery/school/university to receive this concessional rate).

10-Day Foundation Course:- Foreign participants: Euro: 485.00 USD 560.00, participants from India/Bhutan/Nepal: INR 16900.00, Monks/Nuns/Students: INR 12675.00 for each course (Please attach a recommendation letter/ valid Identity card from the respective monastery, nunnery/school/university to receive this concessional rate).

- Prior registration is mandatory for both courses.
- Registration form is available for download at www.men-tsee-khang.org
- Payment of the fee can be made either by check or bank transfer in favor of Men-Tsee-Khang (State Bank of India, Account No # 10551097534, Swift Code# SBININBB277).
- Fee is inclusive of lunch, tea & snacks and handouts of the lessons.
- Fees once paid are non-refundable.

Please ensure that the bank commission charges are included along with the payment. A copy of the bank transfer statement must be sent. Note: Please do not insert cash in the envelope. Men-Tsee-Khang is not responsible if lost in transit.

Course Location: Dharamsala

The course will be held at Men-Tsee-Khang College of the Tibetan Medical and Astro. Institute, which is located next to the Central Tibetan Administration, Dharamsala. Lying 526 km northwest of New Delhi, Dharamsala is the headquarters of the Kangra District in Himachal Pradesh. Kangra valley is one of the most pleasant, relaxing and spiritual places in the Himalayas. Marvelously scenic, especially upper Dharamsala, is well wooded with oak, cedar, pine and other timber yielding trees and offers some lovely walks and finer views. Nestled beautifully among the Dhauladhars Mountains this small town is well known worldwide for its scenic beauty and as the residence of the His Holiness the 14th Dalai Lama “Tenzin Gyatso”.

It is the administrative hub of the Tibetan government in exile and Buddhist pilgrimage center. People from all over the world come here to learn Buddhism and the Tibetan culture. It has become a major centre for the study of Buddhism and Tibetan culture. There are all sorts of holistic activities and courses on offer, and lots of travelers come here to volunteer on community projects that focus on the refugee community. The town has several ancient temples and monasteries. The atmosphere of the town is very spiritual with Buddhist religious practice and lifestyles. Other than that, it is a perfect destination for nature lovers who want to enjoy the beauty of Mother Nature or for the adventure lovers.

For more detail information, please visit site www.dharamsalanet.com

How to reach Dharamsala

Dharamsala by Air: Gaggal airport in Kangra valley is the nearest airport. It is at the distance of 12 km away from Dharamsala. That connects domestic flights to Delhi. International travelers have to get connection through Indira Gandhi International Airport in Delhi, which is about 520 km away from Dharamsala.

Hotel Accommodation

Course participants are responsible for arranging their own accommodation/ fooding and for the payment of their bills directly to the hotel.

A 5- Day Introductory Course in English on Tibetan Medicine (September 11 -15, 2018)

Registration Form

(Please type or use capital letters)

Name: _____

Gender: _____ Date of Birth: ___/___/___ (dd/mm/yyyy)

Nationality: _____ Passport No: _____

Date of Issue: _____ Place of Issue: _____ Date of Expiry: _____

Profession: _____ Address: _____

Phone: _____ Email: _____

Arrival Date in Dharamsala: _____ Departure Date: _____

Date: _____ Signature: _____

Please detach the registration form and send it with two passport sized photographs and course fee to:-

Ms. Sonam Lhamo (Course Co-ordinator)

Men-Tsee-Khang

(Tibetan Medical & Astrological Institute of H.H. the Dalai Lama)

Gangchen Kyishong, Dharamsala-176215

Distt. Kangra, Himachal Pradesh, INDIA.

Email: college@men-tsee-khang.org

A 10- Day Foundation Course in English on Tibetan Medicine (September 17 to 28, 2018)

Registration Form

(Please type or use capital letters)

Name: _____

Gender: _____ Date of Birth: _ ___ / ___ / ___ (dd/mm/yyyy)

Nationality: _____ Passport No: _____

Date of Issue: _____ Place of Issue: _____ Date of Expiry: _____

Profession: _____ Address: _____

Phone: _____ Email: _____

Arrival Date in Dharamsala: _____ Departure Date: _____

Date: _____ Signature: _____

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